

**SCOTT COUNTY
MENTAL HEALTH & DEVELOPMENTAL
DISABILITIES SERVICES**

**STRATEGIC PLAN
FY2007 – FY2009**

NEEDS ASSESSMENT & GOAL DEVELOPMENT

The MH/DD Advisory Committee meets annually to review the year-end report information. This includes updates on progress toward the goals and issues identified, statistical reports provided to the state, performance based budget indicators for funded programs, and financial data and projections. Additionally, the MH/DD Advisory Committee reviews proposed initiatives as a part of the yearly Scott County budget process and makes recommendations on these initiatives to the Scott County Board of Supervisors for consideration during budget deliberations. The involvement of the MH/DD Advisory Committee in these two activities provides for a mechanism to bring needs into the planning process on an on-going basis.

During the FY2007-FY2009 Strategic Plan development process, the MH/DD Advisory Committee met several times to identify, develop and propose a three-year plan recommendation. The Committee also identified needs and current issues relating to the goals.

The MH/DD Advisory Committee recommends the following goals to the Board of Supervisors for adoption as a part of the Scott Management Plan for Mental Health and Developmental Disability Services Three Year Strategic Plan, FY2007- FY2009.

The goal recommendations (listed in order of priority) are as follows:

- Goal 1: Work toward decreasing restrictive, out of county placements, by increasing community based, integrated support systems. Estimated Cost for 2007 - 2009: Unknown
- Goal 2: Advocate with the Iowa General Assembly for services and resources and the authority to manage them in the best interests of Scott County consumers.
Estimated Cost for 2007-2009: Staff and MH/DD Advisory Committee members time
- Goal 3: Promote community education and advocacy regarding the needs of persons with disabilities. Estimated Cost for 2007-2009: Unknown

The Board of Supervisors held a public hearing on March 23, 2006, to receive additional input into the Strategic Plan.

The Strategic Plan for FY2007- FY2009 was adopted by the Scott County Board of Supervisors on March 23, 2006.

NEEDS ASSESSMENT:

I. Funding and Resources

- a. 1996 Levy rate vs. 1996 Fixed levy amount
- b. Low Medicaid Reimbursement Rate
- c. Public awareness, legislation, and education

Increased funding is necessary to support current services for individuals with mental illness, mental retardation and developmental disabilities. Legislation needs to be permissive in terms of funding. Each county should be able to adjust revenues (Property Taxes) based on the community need. The legislators need to be educated in terms of the actual number of people served, the actual types of services and the costs as well as, the impact of the low Medicaid reimbursement rate. The legislators need to understand that the system has grown in terms of people served, types of services offered and the cost of those services. Additional funding is critical.

II. Outpatient Treatment

Outpatient treatment services are vital to the community for preventative and ongoing therapeutic maintenance. Outpatient treatment helps to ensure mental health stability. Outpatient treatment provides support in the least restrictive and most cost-effective setting possible.

III. New and Additional Services/Programming Choices

- a. Space and funding for programs/services
- b. Increase Day Habilitation service opportunities
- c. Services for the aging population
- d. More consumer choice and empowerment
- e. Consumer advocacy
- f. Recovery Model

New, additional program choices are needed to effectively meet the needs of individuals with disabilities. Additional Day Habilitation service options are recommended to help address the needs of individuals who don't have a desire to work. New space for programs/services is needed to reduce waiting lists. Programs for the aging individuals with disabilities are needed. New and additional programming would provide choice and help empower individuals. Recovery models are consumer driven, often alternatively funded, support programs for the mentally ill.

IV. Quality Services

- a. Adequate staff, adequate pay, and retention
- b. Staff training- cross agency
- c. Staff empowerment and support

Over the years, MH/DD services have grown considerably creating staffing challenges for agencies. Without adequate staffing, agencies have a difficult time fulfilling all the requested service hours. Staff training, pay rates and retention are all very important factors in meeting the needs of the individuals. The jobs are often difficult and demanding.

V. Community Education and Advocacy

- a. Affordable housing
- b. Employment opportunities
- c. Transportation

Currently, individuals are limited to where they are able to live and work due to the lack of affordable, decent housing and transportation. Individuals need to be able to access more options for transportation in order to gain independence. Currently, many individuals depend heavily on their families/caregivers to meet this need.

GOALS & OBJECTIVES
FY 2007 – FY2009

Goal #1: Work toward decreasing restrictive, out of county placements, by increasing community based, integrated support systems.

Objectives:

- A. Decrease the number of consumers at the State Resource Centers.
Action Step: County CPC office will assist DHS TCM office to identify consumers who would be appropriate to move back to the local community. Referrals will be made to local providers for ICF/MR and HCBS services.
- B. Assure the utilization of community services are cost-effective.
Action Step: County CPC office will evaluate all funding requests to ensure the services are appropriate. Actual utilization of services will be reviewed quarterly by the CPC office to maximize to usage of county dollars.
- C. Assure community services function as effective alternatives to institutional or other high cost service models.
Action Step: County CPC office will evaluate services and consumer plans to ensure community services are appropriate and meet the needs of the consumer.
- D. Develop new/alternative services as needed; Maintain current services; Restore community services system as funding becomes available.
Action Step: The County CPC Administrator will explore new/alternative services with local agencies as they are proposed. The CPC office will strive to maintain the current level of community based services sufficient to meet the needs of consumers. Monitor rule changes for HCBS Waiver services and the impact on county funding. The CPC office will discuss with the MH/DD Advisory Committee and work with the Scott County Board of Supervisors to develop a plan to restore community services as funding becomes available.
- E. Monitor funding available.
Action Step: The County CPC office will monitor revenues, expenditures and the fund balance to ensure the maximum do expenditures and the fund balance to ensure the maximum dollars are available for services. Updates will be given to the MH/DD Advisory committee at least every six months.

- F. Address staff retention by providing adequate pay, training and support.
Action Step: Scott County will provide funding for appropriate personnel cost increases for authorized agencies as fiscally possible. Collaborative efforts between agencies will be made to address the training needs of staff.
- G. Provide “Plan of Reductions” upon request of the Scott County Board of Supervisors.
Action Step: The MH/DD Advisory Committee will develop a Plan of Reductions, if warranted, based on fund balance and projected expenditures.

Goal #2: Advocate with the Iowa General Assembly for services and resources and the authority to manage them in the best interests of Scott County consumers.

Objectives:

- A. Participation in legislative committees.
Action Step: The County CPC Administrator will participate on the ISAC Legislative Review Committee. Other members of the MH/DD Advisory Committee will participate on legislative committees as designated by their respective agencies. The MH/DD Advisory Committee will be kept informed of the legislative activities.
- B. Provide/monitor legislative changes and/or rule changes.
Action Step: The County CPC Administrator will provide the MH/DD Advisory Committee with updates on legislative changes.
- C. Lobby for legislation that provides sufficient funding and appropriate distribution.
Action Step: The County CPC Administrator and the Scott County Board of Supervisors will continue to educate and advocate for local control of revenues. Scott County will continue to advocate for the change in legislative wording from levy “amount” to levy “rate”, using permissive language not prescriptive. Scott County will continue to advocate for the State to appropriately fund the MH/DD services. Local agencies, consumers, families and staff will be encouraged to lobby for sufficient funding and appropriate distribution.
- D. Provide information/feedback to legislators regarding pending legislation.
Action Step: The County CPC Administrator will provide feedback to legislators as requested regarding rule changes, new bills and the potential impact on Scott County consumers.
- E. Advocate for adoption of growth appropriation (inflation, new consumers, equal funding, etc...)
Action Step: The County CPC Administrator and Scott County Board of Supervisors will advocate for growth appropriations to meet the needs/costs of services. The CPC will participate in statewide efforts to evaluate possible funding solutions.

Goal #3: Promote community education and advocacy regarding the needs of persons with disabilities.

Objectives:

A. Participation on local and state boards/committees.

Action Step: The MH/DD Advisory Committee members will participate on various committees and boards hoping to educate and advocate for the needs of persons with disabilities. Agencies will continue to advocate on behalf of their consumers.

B. Promote the development of safe and affordable housing and supportive services.

Action Step: Scott County will advocate for safe and affordable housing. Designated members of the MH/DD Advisory Committee will participate on the Scott County Housing Council and give updates regarding activity.

C. Promote increased employment opportunities.

Action Step: Scott County will advocate for community employment opportunities for consumers. Designated members of the MH/DD Advisory Committee will participate on employment related committees within the community.

D. Advocate for increased transportation options.

Action Step: A task force/committee will explore and address the transportation needs. This information will then be shared with the local transportation providers. The County CPC office and committee will participate in activities regarding the development of transportation services.

COVERED SERVICES

See attached Matrix for covered services by State Chart of Account Code

Below are listed the covered services by the common names generally known to consumers, families, and other service providers. They are listed by the budget control center in which they are found:

SERVICES RELATED TO MENTAL ILLNESS OR CHRONIC MENTAL ILLNESS

1. Community Services Department (CSD): 17G

Mental Health Institute

Iowa Medical and Classification Center

Hospital Inpatient-229 Treatment

Pine Knoll Medications

Out of County (O/C) Services for Persons with Chronic Mental Illness

O/C Residential-Mental Health

O/C Vocational-Mental Health

O/C Medical Assistance-Mental Health

O/C Other-Mental Health

Psychiatric Hospitalization-Voluntary

Psychiatric Inpatient Physician Services-Voluntary

Mental Health Advocate

Hospital Inpatient-229-Evaluation

Physician Services-229-Evaluation

Hospital Inpatient-48 Hour Hold

Physician Services-48 Hour Hold

Attorneys-229 Evaluation

Sheriff-229

Jail and JDC Medications

2. Vera French Community Mental Health Center (VFCMHC): 51

Outpatient

Community Support Services

Community Services

Case Management

Inpatient

Residential

Day Treatment

Case Monitoring

Employment

Jail Diversion

SERVICES RELATED TO MENTAL RETARDATION AND OTHER DEVELOPMENTAL DISABILITIES

1. Community Services Department (CSD): 17G

State Resource Centers

ICF-MR

Out of County (O/C) Services to Persons with Mental Retardation

O/C Residential-Mental Retardation

O/C Vocational-Mental Retardation

O/C Medical Assistance-Mental Retardation

HCBS-MR

2. Department of Human Services, Targeted Case Management (DHS): 21B

Case Management

Title XIX Match

100% County Funded

3. Handicapped Development Center (HDC): 43

Residential

Employment Services

Personal Independence Services

SERVICES RELATED TO MI/CMI & MR/DD

Specialized Care & Treatment

Protective Payee

SCOTT
COUNTY

Matrix of Covered Services

Account Code	Description	Mental Illness	Chronic Mental Illness	Mental Retardation	Developmental Disability	Other
00000	Unspecified					
00300	Information & Referral					
04000	Consultation	X	X			
05000	Public Education Services					
06000	Academic services					
11000	Direct Administration	X	X	X		X
12000	Purchased Administrative (contracts, MCO, ASO)					
20000	Coordination Services					
21374	Case Management - T19 Match		X	X		X
21375	Case Management - 100% County			X		
21399	Other Case Management		X			
22000	Service Management		X			
31000	Transportation (non-Sheriff)		X	X		
32320	Homemaker/Home Health Aid			X		
32321	Chore					
32322	Home Management Services (include PERS)			X		
32325	Respite			X		X
32326	Guardian/Conservator					
32327	Representative Payee	X	X	X		X
32328	Home/Vehicle Modification			X		
32329	Supported Community Living			X		
32399	Other		X	X		
33345	Ongoing Rent Subsidy					
33399	Other Basic Needs Service					
41305	Physiological Tmt. Outpatient		X	X		
41306	Physiological Tmt. Prescription Medicine	X	X	X		
41307	Physiological Tmt. In-Home Nursing			X		
41399	Physiological Tmt. Other					
42305	Psychotherapeutic Tmt. Outpatient	X	X			
42309	Psychotherapeutic Tmt. Partial Hospitalization	X	X			
42399	Psychotherapeutic Tmt. Other	X	X			

43000	Evaluation	X	X			
44363	Day Treatment Services	X	X			
44396	Community Support Programs		X			
44397	Psychiatric Rehabilitation		X			
44399	Other					
50360	Sheltered Workshop Services		X	X		X
50362	Work Activity Services			X		X
50364	Job Placement Services					
50367	Adult Day Care					
50368	Supported Employment Services		X	X		X
50369	Enclave			X		
50399	Other Vocational Services					
63310	Comm Supervised Apt Living (Comm. 1-5 Bed)					
63314	RCF (Comm. 1-5 Bed)		X	X		
63315	RCF/MR (Comm. 1-5 Bed)			X		
63316	RCF/PMI (Comm. 1-5 Bed)		X			
63317	Nursing Facility (Comm. 1-5 Bed)					
63318	ICF/MR (Comm. 1-5 Bed)			X		X
63329	Supported Community Living (Comm. 1-5 Bed)			X		
63399	Other (Comm. 1-5 Bed)					
64310	Comm Supervised Apt Living (Comm. 6-15 Bed)					
64314	RCF (Comm. 6-15 Bed)		X	X		
64315	RCF/MR (Comm. 6-15 Bed)			X		
64316	RCF/PMI (Comm. 6-15 Bed)		X			
64317	Nursing Facility (Comm. 6-15 Bed)					
64318	ICF/MR (Comm. 6-15 Bed)			X		X
64399	Other (Comm. 6-15 Bed)					
65310	Comm Supervised Apt Living (Comm. 16+ Beds)					
65314	RCF (Comm. 16+ Beds)		X	X		
65315	RCF/MR (Comm. 16+ Beds)			X		
65316	RCF/PMI (Comm. 16+ Beds)		X			
65317	Nursing Facility (Comm. 16+ Beds)					
65318	ICF/MR (Comm. 16+ Beds)			X		X
65399	Other (Comm. 16+ Beds)					
71319	Inpatient (State MHI)	X	X			
71399	Other (State MHI)	X	X			
72319	Inpatient (State Hosp. School)			X		X
72399	Other (State Hosp. School)			X		X

73319	Inpatient (Other Priv./Public Hospitals)	X	X			
73399	Other (Other Priv./Public Hospitals)	X	X			
74300	D & E Related to Commitment	X	X			
74353	Sheriff Transportation	X	X	X		
74393	Legal Representation (cmtmt court costs/legal fees)	X	X	X		
74395	Mental Health Advocates	X	X			
74399	Other/Commitments	X	X			

PROVIDER NETWORK

SEE LIST OF PROVIDERS EXPECTED TO BE USED.

(The list consists of providers used during FY2005. It is expected that similar providers will be used during the period covered by this plan.)

Scott County currently operates a modified authorized agencies system within the network service area and with out-of-county service (treatment of covered persons outside the network service area) requiring pre-admission certification and prior authorization by the Scott County Community Services Department.

AUTHORIZED AGENCIES

The Scott County Board of Supervisors has designated the Vera French Community Mental Health Center, the Handicapped Development Center, and the Iowa Department of Human Services Case Management Unit as Authorized Agencies of Scott County. These agencies are the preferred providers of community based residential, outpatient, habilitative, and rehabilitative services. The Authorized Agencies and the services provided by each are as identified below:

Handicapped Development Center: Home and Community Based Waiver Services, ICF-MR, RCF-MR, Employment Services, Personal Independence, Respite.

Vera French Community Mental Health Center: RCF-PMI, Outpatient, Community Support, Consultation I Education (Community Services), Day Treatment, Inpatient Physician, Targeted Case Management (CMI), Case Monitoring, Employment Services, Jail Diversion.

Department of Human Services: Targeted Case Management (MR/DD)

OTHER DESIGNATED NETWORK PROVIDERS

Scott County has also designated Genesis Medical Center as the designated community based provider of acute care mental health services for persons with legal settlement in Scott County being provided services under court orders related to Chapter 229 of the Iowa Code. Inpatient evaluation prior to hearing and forty-eight hour hold inpatient services are considered emergency services. Authorization for such services is detailed in the Covered Services List, Section V. Acute level treatment services following hearing may be authorized by the Community Services Dept. Mental Health Coordinator at the time of hearing.

Genesis Medical Center is also the designated provider for voluntary inpatient hospitalization. Voluntary inpatient hospitalization funding requires the authorization of the Community Services Department through the Mental Health Coordinator.

Genesis Medical Center, through its Home Health Care Division, also provides Home and Community Based Waiver Services.

New Choices, Inc. provides Home and Community Based Waiver Services.

Scott County will continue to use the state facilities for services as may be determined most appropriate and cost effective. The state-operated facilities most commonly used by Scott County are the Glenwood Resource Center, the Woodward Resource Center, and the Mental Health Institute at Independence. Other Mental Health Institutes are used when appropriate based on the Department of Human Services criteria. Admission to the state facilities requires authorization of the Community Services Department through the appropriate coordinator. The Iowa Medical and Classification Center at Oakdale is also paid through this plan.

The providers identified below are considered Designated Network Providers. The services provided by each entity are also listed.

Genesis Medical Center: Psychiatric Nursing Evaluation related to Outpatient 229 Evaluations; Psychiatric Inpatient admissions for 1) Evaluation prior to hearing for 229 commitments, 2) 229 48-hour holds, 3) Acute treatment under 229 commitment order following hearing, Voluntary psychiatric inpatient admissions; Crisis Line, and Home and Community Based Waiver-MR.

New Choices: Home and Community Based Waiver-MR

Mental Health Institute: Psychiatric Inpatient for 1) Evaluation prior to hearing for 229, 2) Acute treatment under 229 commitment order, and 3) Voluntary admissions.

Glenwood & Woodward Resource Centers: ICF-MR

Iowa Medical and Classification Center: District Court ordered services.

OUT OF COUNTY PROVIDERS

Providers outside of the community will be considered “out of network plan” providers and may be used by Scott County when such are considered to be the most appropriate and cost effective. Funding for any “out of plan” services require the authorization of the Community Services Department through the appropriate Coordinator. (NOTE: Strict limitations apply) All services must be provided within the State of Iowa.

ACCESS POINTS

The Authorized Agencies and Other Designated Network Providers may act as access points. The Authorized Agencies have delegated responsibilities under the Management Plan and may assess need, determine eligibility, and initiate services as described in the Management Plan Policy & Procedure Manual. Other Designated Network Providers may act as access points and facilitate contact with the appropriate Community Services Department Coordinator.

PROVIDER LISTING

Abbe Center for Community Care	
Aitken Law Firm	
Alexander, Catherine	
American Association on Mental Retardation	
Andrew Jackson Care	
Anesthesia & Analgesia PC	
Arnold, Marsha	
Associates for Behavioral Healthcare	
Backbone Area Counseling Center	
Blackhawk County Community Services	
Board of Social Work Examiners	
Bordwell & Salazar	
Bremer County Case Management	
Broadlawns Medical Center	
CDW Government Inc	
Cedar Centre Psychiatric Group	
Centerville Comm Betterment	
Center Associates	
Center Village	
Chatham Oaks	
Christian Opp Center	
City of Iowa City	
Clements, James Bryson	
Clinton County Auditor	
Community Care	
Complete Computer Solutions	
Conrad, Edward	
Copell, Dana	
Corporate Express	
Country Life Health Care	
County Case Management	
Covenant Clinic	
Crossroads Inc	
DAC, Inc	
Data Source Media	
Delange II, Harold	
Del Dub Jac Co RTA	
Deluxe Business Forms	
Drew-Peebles, Brenda	
Dusthimer, Jack	
East Central Iowa Acute Care	
ETC	
First Med Pharmacy	
First Resources Corp	
Fullencamp, Cherly	
Gannon Center, Clinton	
Gannon Center, Dubuque	
Gannon Center, Maquoketo	
Genesis Medical Center	
Genesis Health System	

Goldensoph, Cory	
Goodwill Industries of	
Greenwood Drug	
Handicapped Development Center	
Hatch, Matthew	
Heinrich Envelope Inc	
Henry County Service Coordinator	
Heritage Park Pharmacy	
Honohan Epley Braddock & Brenneman LLP	
Hope Haven Area Development	
Hy Vee 1285	
Hy Vee Northgate	
Iowa Central Industries	
Iowa Department of Human Services	
Iowa State Association of Counties	
Jacobs, Jeanne	
Jefferson County Sheriff	
Johnson County Sheriff	
Keokuk Co Sheriff	
Kroeger, Neill	
Langhorne, John	
Linn County Emergency Medicine	
Lucas County Sheriff's Office	
Machetta, Sally	
Main Healthcare Services	
Mainstream Living, Inc	
Maness, Barbara	
Mathahs, Dennis	
Medical Plaza Pharmacy	
Mercy Medical Center, Clinton	
Mid-Eastern Iowa Community Mental Health Center	
MIW	
Molyneaux, John	
Neurology Consultants	
New Choices	
New Focus	
Newman, John R	
Newport & Newport	
North Central Iowa Mental Health Center	
O'dell-Mccollum, Delores	
Olsen, Jennifer	
Opus III – VII Corporation	
Padded Surfaces by B & E	
Pathway Living Center Inc.	
Payee Services Inc	
Phelps & Phelps	
Pisipati, Prabhakar	
Plymouth Life Inc.	
Potenzo, Danielle	
Preacher, Thomas	
Psychology Associates	
Quad City Times	
Quilogy	

Radiology Group	
Regional Transit Authority	
REM Development Services, Inc	
REM-Iowa Community Services, Inc	
Rescare – Cedar Creek	
Rescare – Charleston Place	
Rescare – Gateway	
Rescare – Houser Street	
Rescare – Prairie Park	
Reyes, Angela Fritz	
Rolfstad, Patricia	
St. Luke’s Emergency Phy Svc	
St. Luke’s Hospital	
Schwartz, Jack	
Scott County Sheriff	
Serdl & Chicchelly Law Office	
Sinnard, Sharon	
Sommers, Jay	
Soper, Jerry	
Sothmann, James	
Souhrada, Penelope Crowl	
Southeast Area Transit RTA	
State Court Administrator	
Standard Manifold Company	
Stutts, William	
Successful Living	
Teel, Katherine Vargas	
Ten-Fifteen Regional Transport	
Thomson Healthcare DMS Inc	
Touchstone Behavioral Counseling	
Treasurer, State of Iowa	
Tupper, Timothy	
Tyler, M Leann	
Valainis, Lucy	
Vera French Mental Health Center	
Village Northwest Unlimited	
Wagner Pharmacy	
Walsh Law Firm	
Walters, Scott	
Wapello County Sheriff	
Wehr, Berger, Lane, & Stevens	
Welp & Geffe Law Offices	